

INSTALLATION/ASSEMBLY TIPS

WALL PAD INSTALLATION USING CHANNEL

READ THIS DOCUMENT AND ALL OTHER ACCOMPANYING PRODUCT DOCUMENTATION THOROUGHLY BEFORE INSTALLING, USING OR PERMITTING USE OF THIS EQUIPMENT. REQUIRE ALL PERSONS INTENDING TO USE THIS EQUIPMENT, AS WELL AS THOSE INSTRUCTING, ASSISTING OR COACHING OTHERS IN THE USE OF THIS PRODUCT, TO READ THIS DOCUMENT THOROUGHLY BEFORE AUTHORIZING THEM TO ENGAGE IN THOSE OR RELATED ACTIVITIES.

WALL PAD SYSTEM ASSY.

WALL PAD INSTALLATION

STEP 1: Draw or strike a chalk line on the wall 4" to 6" up from the floor. This height will prevent dirt from accumulating under the mat.

STEP 2: Line up the "J" channel with the bottom edge on the line as shown below. Drill and anchor the channel to the wall with an appropriate fastener. Spacing and type of fastener is dependant on the type of wall structure. A groove is provided in the channel to aid in drilling holes.

STEP 3: Measure up from the bottom line the height of the pad less 2 1/2" and make another line parallel to the bottom line.

STEP 4: Locate the "Z" channel on the top line as shown and anchor to the wall as was done with the "J" channel on the bottom.

STEP 6: Slip the "J" channel over the pads as shown and secure it down in the "Z" channel.

STEP 5: Slide each pad section into the bottom channel completely and butting up against each other.

DIST. SEE BELOW

4" - 6"

Distance of most common sizes:	
If pad is:	Then distance*
5ft.	57 1/2"
6ft.	69 1/2"
7ft.	81 1/2"

⚠ IMPORTANT CONSUMER PRODUCT HAZARD WARNING — PLEASE READ!

A possibility of serious injury, including paralysis or death, is inherent in any activity involving motion or height. Equipment with which this notice is included is intended for use only by properly trained, qualified persons under supervised conditions. Use without proper supervision is dangerous and should not be undertaken or permitted. Know your limitations as well as the limitations of your equipment. Consult a qualified instructor before attempting any new activity or skill. This equipment must be used with proper mats, spotting equipment and qualified spotters for each activity or skill. Use this equipment only for its intended purpose. Do not modify equipment in any way. Inspect each component for damage, loose fittings or signs of wear before each use. Do not use if you have any concern as to the condition of this equipment. Test unit for stability prior to each use. Do not use if you have any concern about the stability, condition or suitability of this equipment. Inspect warning labels and replace when marred or damaged. Before each subsequent use, re-check equipment stability and settings.