BEFORE YOU BEGIN, PLEASE READ THESE IMPORTANT TIPS!
• Recovering instructions for aluminum and wood beams are the same except for the optional final step for wood beams where the use of a power stapler may be recommended.
• Each manufacturer finishes bottom of beams differently. Before removing old cover, turn beam over and make a drawing indicating how cover was configured so you can duplicate it.
• Read instructions on glue can carefully. **GLUED SURFACES MUST BE ALLOWED TO BECOME TACKY IN ORDER TO BOND PROPERLY.**
• Beam ends can be finished in a number of ways. Plan carefully before cutting material.

NORBERT’S G-065K COMPLETE RECOVERING KIT INCLUDES:
1. 18’ long suede material
2. 16’5” long x 4” wide neoprene foam for top of beam
3. One can of spray adhesive **(If you did not purchase a full recover kit, we recommend you purchase the best quality, most expensive spray adhesive available at your local hardware store)**

INDIVIDUAL COMPONENTS ARE ALSO OFFERED SEPARATELY ON OUR WEBSITE:
• G-065: 18’ long suede material
• G-065R: 16’5” long x 4” wide neoprene foam for top of beam
• G-065A: Single can of heavy duty spray adhesive

YOU’LL ALSO NEED THE FOLLOWING ADDITIONAL TOOLS/ITEMS:
1. Scissors
2. Pencil **(DO NOT USE PEN)**
3. Tools for removing beam legs
4. 2 saw horses or similar stands for balance beam
5. (Optional) Power Stapler for final step for wood beams

STEPS 1 – 6
1. Remove old beam covering and clean beam thoroughly so no remnants of old cover remain and beam surface is smooth.
2. Glue neoprene rubber strip to top of beam.
3. Use pencil to mark center line on beam top of neoprene strip.
4. Use pencil to mark center line on bottom side of suede (you’ll see cloth scrim).
5. Roll up suede (cloth side out) and place rolled up suede on one end of beam, leaving enough overhang on both ends (approximately 8”) to tuck under beam for finishing.
6. Slowly unroll the suede matching center line on beam top with line on inside of suede material while carefully applying glue to both surfaces. (Apply glue to an approximately four inch wide area 2” on each side of center line on suede).

**IMPORTANT CONSUMER PRODUCT HAZARD WARNING — PLEASE READ!**
A possibility of serious injury, including paralysis or death, is inherent in any activity involving motion or height. Equipment with which this notice is included is intended for use only by properly trained, qualified persons under supervised conditions. Use without proper supervision is dangerous and should not be undertaken or permitted. Know your limitations as well as the limitations of your equipment. Consult a qualified instructor before attempting any new activity or skill. This equipment must be used with proper mats, spotting equipment and qualified spotters for each activity or skill. Use this equipment only for its intended purpose. Do not modify equipment in any way. Inspect each component for damage, loose fittings or signs of wear before each use. Do not use if you have any concern as to the condition of this equipment. Test unit for stability prior to each use. Do not use if you have any concern about the stability, condition or suitability of this equipment. Inspect warning labels and replace when marred or damaged. Before each subsequent use, re-check equipment stability and settings.
G-065K Balance Beam Recovering Kit Instructions

READ THIS DOCUMENT AND ALL OTHER ACCOMPANYING PRODUCT DOCUMENTATION THOROUGHLY BEFORE INSTALLING, USING OR PERMITTING USE OF THIS EQUIPMENT. REQUIRE ALL PERSONS INTENDING TO USE THIS EQUIPMENT, AS WELL AS THOSE INSTRUCTING OR COACHING USERS, ASSISTING USERS AND/OR SPOTTING USERS TO READ THIS DOCUMENT THOROUGHLY BEFORE YOU AUTHORIZE EQUIPMENT TO BE UTILIZED FOR ANY PURPOSE.

STEPS 7-9
7. After gluing suede to beam top, lay beam on one side and apply glue to both exposed side of beam and corresponding suede fabric being careful NOT to apply adhesive 1" to 2" area directly beneath bottom of foam top pad. (SEE DRAWING AT RIGHT) NOTE: Adhering suede to this 1" to 2" space at top of beam causes fabric to be pinched when foam top is compressed during use resulting in damage to suede covering.
8. Starting at center of beam side, stretch the suede material down and towards end of the beam, smoothing material to eliminate bubbles or wrinkles—once again being careful NOT to adhere fabric to area 1" to 2" beneath foam top pad.
9. Lay beam on opposite side and repeat steps 7 & 8.

STEPS 10-12
10. Turn beam upside down, apply glue to beam bottom and remaining suede.
11. Starting in center, adhere material to beam, working your way evenly towards ends and smoothing suede as you go.
12. Fold ends neatly and glue to bottom similar to the way original cover was finished.

OPTIONAL FOR ALUMINUM BEAMS
If your aluminum beam has plates on bottom of beam, glue suede to beam sides as instructed, then glue excess suede to inside of beam before securing bottom plates.

OPTIONAL FOR WOOD BEAMS
If your wood beam had staples securing suede to bottom of beam, first glue suede to bottom of beam as instructed then neatly trim away excess suede. Then use power stapler to duplicate how original beam was finished.

IF YOU REQUIRE FURTHER INFORMATION, PLEASE CALL OUR OFFICES AT (310) 830-6672

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