

## ASSEMBLY/INSTALLATION INSTRUCTIONS

### MBR-100 MINI BAR RING SET (PAGE 1 OF 2)

**READ THIS DOCUMENT AND ALL OTHER ACCOMPANYING PRODUCT DOCUMENTATION THOROUGHLY BEFORE INSTALLING, USING OR PERMITTING USE OF THIS EQUIPMENT. REQUIRE ALL PERSONS INTENDING TO USE THIS EQUIPMENT, AS WELL AS THOSE INSTRUCTING OR COACHING USERS, ASSISTING USERS AND/OR SPOTTING USERS TO READ THIS DOCUMENT THOROUGHLY BEFORE YOU AUTHORIZE EQUIPMENT TO BE UTILIZED FOR ANY PURPOSE.**

#### BEFORE YOU BEGIN, PLEASE READ THESE IMPORTANT TIPS!

- All connector components **MUST** be completely and securely shrouded.
- A 4X8 panel mat or mini bar-type mat **MUST** be used to stabilize bar and provide cushioning.
- The area where you will use the bar **MUST** be flat, level and free of any obstructions
- This bar is meant for indoor use; it can be used outside, but should **NEVER** be left out overnight.
- As with all gym equipment **PROPER SUPERVISION IS A MUST!**
- **NEVER** use the bar without first checking for loose fittings or damage.

#### FAMILIARIZE YOURSELF WITH ALL SUPPLIED COMPONENTS. YOU SHOULD HAVE RECEIVED THE FOLLOWING:

1. Two complete strap/ring assemblies, each consisting of two sections of 1.75" wide nylon webbing connected by a metal slider buckle. Bottom section has been wrapped around a solid molded thermoplastic hand ring. Velcro hook and pile strips are sewn to inside surface of top strap to permit adjustment within a 22" to 32" range.
2. Two vinyl shrouds designed to wrap around straps and secure using permanently attached velcro fasteners.
3. Instruction Sheet.



#### STEP 1.

Loop one strap over bar and through top slot of slider buckle. Pull leading end of strap up and secure by firmly—and evenly—pressing entire velcro hook surface to entire loop surface

Install second strap as described above.

#### IMPORTANT:

10" OR MORE OF HOOK AND PILE VELCRO MUST BE FULLY AND SECURELY FASTENED TOGETHER TO PREVENT STRAPS FROM SEPARATING OR OPENING DURING USE.



#### **IMPORTANT CONSUMER PRODUCT HAZARD WARNING INFORMATION--PLEASE READ!**

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#### STEP 2.

After ascertaining both straps are secure, wrap one shroud around each strap just above ring. Firmly and evenly press together hook and loop surfaces along shroud's entire length and width.

#### IMPORTANT:

SHROUDS MUST COMPLETELY & SECURELY ENCLOSE CONNECTOR COMPONENTS.



### FULLY INSTALLED MBR-100 MINI BAR RING SET



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