



ASSEMBLY INSTRUCTIONS FOR G-250 POWER INCLINE

IMPORTANT : CAREFULLY AND THOROUGHLY READ THIS ENTIRE DOCUMENT, ALL OTHER ACCOMPANYING PRODUCT DOCUMENTATION AND ALL WARNINGS ATTACHED TO PRODUCT BEFORE ASSEMBLING, USING OR PERMITTING USE OF THIS EQUIPMENT. ALSO REQUIRE ALL PERSONS INTENDING TO USE THIS EQUIPMENT, AS WELL AS THOSE INSTRUCTING, ASSISTING OR COACHING PERSONS IN THE USE OF THIS PRODUCT TO READ ALL PRODUCT DOCUMENTATION THOROUGHLY BEFORE ENGAGING IN THOSE ACTIVITIES. IF YOU DO NOT FULLY UNDERSTAND WARNINGS, DOCUMENTATION OR ANY ASPECT THEREOF, STOP AND CONTACT NORBERT'S BEFORE PROCEEDING.

1. Assemble frame by sleeving telescopic frame components together to form a rectangle. No nuts or bolts required for this step.

NOTE : A SPRING PULLER TOOL IS PROVIDED WITH THIS PRODUCT. USE THIS TOOL TO MINIMIZE CHANCES OF DAMAGING SPRINGS BY OVERSTRETCHING ONE AREA. SHOULD YOU MISPLACE SPRING PULLER, USE ONE SPRING AS A SUBSTITUTE. EITHER WAY, SPRINGS SHOULD ALWAYS BE ATTACHED FIRST TO BED, THEN STRETCHED TO ATTACH TO LOOPS ON FRAME.

2. Install black polypropylene bed to frame by suspending it with 6" springs in all four corners.
 - a. Begin by hooking 2 springs to hanger loops in one corner of frame (top or bottom vertical and/or and right- or left-most horizontal intersecting sides)
 - b. Connect those springs to corresponding attachment points in one corner of bed.
 - c. Hook 2 more springs spring through attachment point at opposite corner of bed.
 - d. Use spring puller to stretch and attach one spring to corresponding frame hanger loop.
 - e. Stretch the other spring and attach it to frame.
 - f. Repeat steps a-e to attach bed & springs to remaining 2 corners.
3. Connect bed to vertical sides of frame starting in the center of bed followed by the next highest or lowest bed attachment points. Continue, alternating between next highest and next lowest until vertical sides are finished

NOTE : THERE ARE MORE ATTACHMENT POINTS ON LOWER HALF OF BED THAN LOOPS ON LOWER HALF O FRAME TO COMPENSATE, YOU'LL NEED TO HOOK TWO SPRINGS FROM BED TO A SINGLE LOOP ON FRAME.

4. Connect bed to top & bottom horizontal sides starting once again in center of bed and working outwards alternating from left to right.
5. Install padding to frame using Velcro straps. Pads are designed and intended to cover frame and springs.

WARNING: READ CAREFULLY!

RISK OF SERIOUS INJURY, PARALYSIS AND/OR DEATH, IS INHERENT IN ALL ACTIVITIES INVOLVING MOTION OR HEIGHT. THIS EQUIPMENT IS TO BE USED ONLY BY PROPERLY TRAINED, QUALIFIED PERSONS UNDER SUPERVISED CONDITIONS. USE WITHOUT PROPER SUPERVISION IS DANGEROUS AND SHOULD NEVER BE UNDERTAKEN NOR PERMITTED. NORBERT'S ATHLETIC PRODUCTS, INC. SHALL NOT BE LIABLE NOR RESPONSIBLE FOR PERSONAL INJURY OR PROPERTY DAMAGE INCURRED THROUGH THE USE OR MISUSE OF THIS EQUIPMENT OR ANY OTHER PRODUCT MANUFACTURED BY NORBERT'S ATHLETIC PRODUCTS, INC.